

GUIDE: Evidence-based practice and how it applies to assessment

Topic Purpose:

This topic reinforces the message that EBP is about evidence-based assessment, as well as treatment. Principles for identifying the 'best' evidence, both internal and external, are summarized.

Video and Slides:

Length of video: 11 minutes

Content:

This video is divided into the following sections:

1. Research data indicates that while SLPs may apply the principles of EBP to treatment choices, they do not apply the same principles to selection of assessments. EBP is a decision-making process that applies to selection of assessment methods as well as treatment methods.
2. Evidence-based assessment requires using the "best" evidence which is determined by the availability of evidence (sufficient amount and quality of research), accessibility of evidence (clinicians can get access to journal articles and other sources), and relevance to the specific clinical question at hand.
3. Evidence-based assessment uses both external evidence (e.g. evidence found in research journals and other sources external to a clinician's immediate work setting) as well as internal evidence, also known as practice-based evidence, which is data stemming from the clinician's own practice.
4. Practice-based evidence has an important role. Strengths and limitations of practice-based evidence are reviewed.

Activity:

The activity is a 13-item true-false self-assessment that reinforces and affirms the principles of EBP particularly as it applies to assessment.

Resource:

The Resources .pdf is a clickable file that has links to several different EBP resources (websites and downloads). A link to this resource is also provided at the end of the slide set.